

PLANNING PROGRAMS THAT ROCK: SYLLABUS

Monday a.m.

- 9:30-9:35 — **Gathering Period:** [Prisoner's Escape](#). Provide each attendee with a 3-foot braided nylon cord (w/fused ends) with a bowline forming a fixed loop on both ends. Refer to the linked video if a further illustration is necessary.
- 9:35-10:15 — **Discussion:** Conference attendees introduce themselves and are divided into crews. *What is a Scouting program and what would make it rock?* Elicit ideas and opinions and write them on the board. Distribute copies of [Introduction-pptr.pdf](#), and have attendees take turns reading sections aloud. Open floor to discussion.
- 10:15-10:20 — **Explain and Demonstrate:** Distribute a Scout stave to each attendee. Some attendees might want to use this along with their 3-foot braided nylon cord to apply what they see as the following video is viewed: [How to Tie Half Hitches to Finish Many Lashings](#) (1E)
- 10:20-10:30 — **Guide and Enable:** Attendees tie half hitches onto their Scout stave, proceeding from both the right and the left. Those who catch on assist others until everyone is more or less familiar with the process.
- 10:30-10:40 — **Activity:** refer to [Horizontal Half Hitching Race](#) (If a long horizontal hitching pole has not been prepared, pass out more 3-foot braided nylon cords and go with the variation.) As time permits, it would be fun to view the [Horizontal Half Hitching Race Video](#). (1F)
- 10:40-10:45 — **Explain and Demonstrate:** Distribute a 6-foot manila lashing rope, whipped on both ends, to each attendee and view [How to Tie a Round Lashing](#). (1G)
- 10:30-10:40 — **Guide and Enable:** Pair up attendees and have them join their staves together with two round lashings, providing guidance as necessary.
- 10:40-11:00 — **Activity:** Distribute materials to each crew and play [Catch the Snapper](#) (1H)
- 11:00-11:20 — **Discussion:** Introduce the concept of the Sequential Approach to programming. Distribute copies of [sequential-programming.pdf](#), and have attendees take turns reading sections aloud. Open floor to discussion.

Monday p.m.

- 1:20-1:30 — **Discussion:** *How is the Boy Scout advancement program sequential? Any ideas how it can be made more fun?* Elicit ideas. Make sure all participants have a 3-foot braided nylon cord. Describe the traditional “Friendship Circle” that utilizes square knots as an illustration of putting a skill into action. Why is

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the square knot is referred to as Scouting's "joining knot?" How can it be considered a joining knot?

- 1:30-1:35 — **Explain and Demonstrate:** View [How to Always Tie a Square Knot Right](#) (1A)
- 1:35-1:40 — **Guide and Enable:** Pass out a Scout stave to each attendee. Attendees tie square knots down onto their Scout stave, applying the visual approach. Provide guidance as needed.
- 1:40-1:50 — **Activity:** Conduct the [Square Knot Visual Challenge](#). (1B)
- 1:50-2:00 — **Discussion:** Distribute copies of [4-program-sequences.pdf](#) and describe some of the things we'll be doing together. Open the floor to questions. *Which program sequence does it appear we're working on?*
- 2:00-2:05 — **Explain and Demonstrate:** View [How to Tie a Roundturn with Two Half Hitches](#). (1C)
- 2:05-2:15 — **Guide and Enable:** Attendees tie two half hitches around their Scout stave. Provide guidance as needed.
- 2:15-2:20 — **Explain and Demonstrate:** View [How to Tie a Taut-line Hitch](#). (1C)
- 2:20-2:30 — **Guide and Enable:** Attendees tie taut-line hitches around their Scout stave. Provide guidance as needed.
- 2:30-2:45 — **Activity:** [Taut-line Hitch Race \(Variation\)](#) (1D) Depending on the number of conference attendees, the activity can be set up surrounding one tree, and crews can take turns, vying for the best time.
- 2:55-3:00 — **Explain and Demonstrate:** View [How to Form an Open-Ended Clove Hitch](#). (1I) (4A)
- 3:00-3:10 — **Guide and Enable:** Attendees help one another to apply underhand loops over vertical poles.
- 3:10-3:15 — **Activity:** [Hitching Challenge](#) (1J)
- 3:30-3:40 — **Explain and Demonstrate:** First, view [Flagpole Race Demo Video](#) (explain that instead of a rolling hitch they can tie a roundturn with two half hitches.) Second, view [How to Set up a Basic Patrol Dining Fly](#). Open floor to questions. Distribute materials to each crew.
- 3:45-4:15 — **Main Event:** [Flagpole Race](#) and [Dining Fly Race](#) (1K) Each crew sets up their flagpole and dining fly like a little campsite, in the same area.

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Tuesday a.m.

- 8:20-8:30 — **Gathering Period:** play [Rope Toss](#).
- 8:30-9:00 — **Discussion:** *Besides sequential programming, where each building block is put into action, what else can we do to plan a program that rocks?* Elicit ideas and opinions and write them on the board. Distribute copies of [comprehensive-programming.pdf](#), and have attendees take turns reading sections aloud. Open floor to discussion. *Tomorrow morning, please be ready to share an example of comprehensive programming that you've either dreamed up or experienced.*
- 9:00-9:05 — **Explain and Demonstrate:** View [Using a Camp Saw](#) (2A)
- 9:05-9:30 — **Activity:** [Bow Saw Relay](#) (2B) Crew members should gather around the individual handling the saw to coach and support them.
- 9:35-9:40 — **Explain and Demonstrate:** Contact Method (2C) / Using a Knife to Prepare Tinder (2E) View [Using a Hand Ax and Knife](#).
- 9:45-10:15 — **Activity:** [Wood Splitting Relay](#). (2D)
- 10:15-10:30 — **Activity:** [Fuzz Stick Relay](#). (2F)
- 10:40-10:45 — **Explain and Demonstrate:** *Are you starting to figure out what this is all about? Before this afternoon's Main Event, you'll be provided an eye-opening perspective, but now we have another group instruction video and then the most dynamic activity we've done so far.* View [Lighting and Feeding a Fire](#). (2G)
- 10:50-11:20 — **Activity:** [Water Boiling Race](#) (2H) In addition to other tinder and kindling you'll supply, have the crews use the split pieces and fuzz sticks they made during the relays.

Tuesday p.m.

- 1:20-1:30 — **Discussion:** *How does all this video and activity stuff we're doing fit into a meeting?* Open floor to discussion.
- 1:30-2:00 — **Illustration:** Go online and project the [agenda section of Troop Leader Resources](#) and provide an online tour highlighting the group instruction and games sections.
- 2:00-2:45 — **Main Event:** [Supreme String Burning Race](#).
- 2:50-3:00 — **Explain and Demonstrate:** Distribute a Scout stave to each attendee, and a 6-foot lashing rope to every two attendees. View [How to Tie a Mark II Square Lashing](#). (3A) (4E)
- 3:00-3:10 — **Guide and Enable:** Attendees pair up and take turns tying Mark II Square Lashings. Provide guidance as needed.
- 3:10-3:30 — **Activity:** [Ladder Building](#) (3B)

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Tuesday p.m. (continued)

- 3:30-3:35 — **Explain and Demonstrate:** View [How to Tie a Tripod Lashing with Plain Turns](#) (3C)
- 3:35-3:45 — **Guide and Enable:** Attendees pair up and tie tripod lashings using three Scout staves and a 10-foot lashing rope. Provide guidance as needed.
- 3:45-4:20 — **Activity:** First, view [Everyone on the Tripod Demonstration](#), then crews compete in [Everyone on the Tripod](#). (3D) Note: Have crews lash on the 6-foot cross brace, between the two outer legs, so that the center of the length is 3-feet from the ground. —>Set aside two of the most tight assembled tripods for tomorrow.

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Wednesday a.m.

- 8:20-8:30 — **Gathering Period:** play [Hula Hoop Horseshoes](#).
- 8:30-8:40— **Explain and Demonstrate:** View [Chippewa Kitchen](#) and then view [How to Tie a Double Floor Lashing](#) (3E).
- 8:40-8:45 — **Activity:** Using a 15-foot lashing rope, two 6-foot spars and four 4-foot floor spars, crew members take turns tying the floor lashing. Provide guidance as needed.
- 8:45-9:00 — **Activity:** [Lift Seat Procession](#) (3F)
- 9:00-9:30 — **Activity:** Refer to [Double Tripod Chippewa Kitchen](#). Position the two tripods (assembled yesterday) so the cross braces that were lashed 3 feet above the ground are 6 feet apart. Four attendees then tightly lash on the two, 8-foot platform support spars to the inside of the cross braces. Then lay some 4-foot floor spars over the platform supports and lash on the cooking platform with two floor lashings, using binder twine. When assembled, carry the Chippewa Kitchen to the cooking area. (Add the mineral soil after the kitchen is positioned in the cooking area.)
- 9:35-10:00 — **Activity:** Using charcoal chimneys, attendees light the charcoal, and referring to the recipe, prepare the food for cooking. When the food is all prepared and the charcoal is ready, they place the food on the kitchen to cook.
- 10:00-10:45 — **Discussion and Activity:** While the food cooks, attendees share an example of comprehensive programming they've either dreamed up or experienced. Play [Time Bomb](#), [Buzz](#), [Bing, Bang](#), [Wall Street](#). (Periodically, attendees monitor food.)
- 10:45-11:00 — **Activity:** Serve and eat.
- 11:00-11:20 — **Activity:** Breakdown Kitchen, load materials in conveyance, or carry it back to construction area.

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Thursday a.m.

- 8:20-8:30 — **Gathering Period:** [Hitching Challenge](#) proceeding from both the right and the left (4B)
- 8:30-8:35 — **Presentation and Discussion:** View [Double A-Frame Monkey Bridge](#)
- 8:35-8:40 — **Explain and Demonstrate:** View [How to Tie a Butterfly Knot](#) (4H)
- 8:40-8:50 — **Guide and Enable:** Using 3-foot braided nylon cords, attendees tie butterfly knots. Provide guidance as needed.
- 8:50-9:00 — **Explain and Demonstrate:** View [How to Tie a Rope Tackle](#). (4H)
- 9:00-9:15 — **Activity:** [Rope Tackle Tug of War](#) (4I)
- 9:15-9:20 — **Explain and Demonstrate:** View [Anchors for Pioneering Projects](#) (4F)
- 9:20-9:40 — **Activity:** [Anchor Relay](#) (4G) Have the span for the bridge and anchors staked out ahead of time. Refer to [Double A-Frame Monkey Bridge Instructions and Guidelines](#).
- 9:40-11:00 — **Main Event:** Double A-Frame Monkey Bridge (Refer to [Double A-Frame Monkey Bridge Instructions and Guidelines](#))
- 11:00-11:20 — **Activity:** Bridge crossing.

Thursday p.m.

- 1:20-1:40 — **Activity:** Disassemble bridge. (Set aside one assembled A-frame for each crew.)
- 1:40-2:10 — **Presentation and Discussion:** Go online and project <http://troopleader.org/program-features/>. View the Program Features video. and take a tour of the program features section of the Troop Leader Resources website. Open the floor to comments and questions.
- 2:10-3:30 — **Activity:** Camp Cooking - Using charcoal chimneys, attendees light the charcoal, and referring to the recipe(s), prepare the food for cooking. While it cooks, attendees build [Scout Stave Launchers](#) and fire aluminum foil projectiles down range. Pass out copies of [desert-survivor-activity.pdf](#) to each crew. Monitor pots.
- 3:30-4:20 — **Activity:** Serve and eat. Clean up and convey materials back to meeting room.

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Friday a.m.

- 8:20-8:30 — **Gathering Period:** [Hunker Down](#)
- 8:30-9:00 — **Presentation and Discussion:** Go online and project <http://programresources.org>. Proceed to Activities, view [Troop Meeting Fun](#), and take a tour of the Activities section. Open the floor to comments and questions.
- 9:00-9:05 — **Presentation:** View [Crossing the Alligator Pit Video](#)
- 9:05-9:30 — **Activity:** [Crossing the Alligator Pit](#) (4F)
- 9:30-10:00 — **Discussion:** *How does planning a program that rocks hinge on providing the grounds for establishing a boy run unit?* Pass out copies of [guided-discovery.pdf](#). and have attendees take turns reading sections aloud. Open floor to discussion.
- 10:00-11:00 — **Activity:** GPS (arrange through Training Center office)

Friday p.m.

- 1:30-1:35 — **Presentation:** View [Program Feature: Camping](#)
- 1:35-2:00 — **Discussion:** *What are some cool things you've done on camping trips with your Scouts?*
- 2:00-2:30 — **Presentation and Discussion:** Go online and project <http://programresources.org>. Proceed to Ceremonies Index and use it as a point of reference to take a tour of the Ceremonies section. *What advantage do you see in presenting different versions of opening and closing ceremonies chosen by the youth leaders?*
- 2:30-2:45 — **Activity:** Play [Identifying Sounds](#)
- 2:45-2:55 — **Presentation:** Teach “[Ging Gang Goolie](#)” prefaced with story of how and why B.-P. wrote it. Teach [Class-A Clap](#).
- 2:55-3:00 — **Presentation:** View “[Born to Be a Scout](#)”