

# PLANNING PROGRAMS THAT ROCK

## Monday a.m.

- two 1/4-inch x 3-foot braided nylon cords per conference participant
- one Scout stave per conference participant
- one printed copy of Introduction.pdf per conference participant
- one printed copy of sequential-programming.pdf per conference participant
- one 6-foot manila lashing rope (properly whipped) per conference participant
- one (2-oz.) bank or casting fishing sinker with a small loop of wire or cord attached for connecting a 3-foot cord
- two rattraps per every six to eight conference participants
- ready for projection: *How to Tie Half Hitches to Finish Many Lashings / How to Tie a Round Lashing*

9:30-9:35 — **Gathering Period:** Prisoner's Escape. Provide each attendee with a 3-foot braided nylon cord (w/fused ends) with a bowline forming a fixed loop on both ends. Refer to the linked video if a further illustration is necessary.

9:35-10:15 — **Discussion:** Conference attendees introduce themselves and are divided into crews. *What is a Scouting program and what would make it rock?* Elicit ideas and opinions and write them on the board. Distribute copies of Introduction.pdf, and have attendees take turns reading sections aloud. Open floor to discussion.

10:15-10:20 — **Explain and Demonstrate:** Distribute a Scout stave to each attendee. Some attendees might want to use this along with their 3-foot braided nylon cord to apply what they see as the following video is viewed: *How to Tie Half Hitches to Finish Many Lashings*

10:20-10:30 — **Guide and Enable:** Attendees tie half hitches onto their Scout stave, proceeding from both the right and the left. Those who catch on assist others until everyone is more or less familiar with the process.

10:30-10:40 — **Activity:** refer to Horizontal Half Hitching Race (If a long horizontal hitching pole has not been prepared, pass out more 3-foot braided nylon cords and go with the variation.) As time permits, it would be fun to view the Horizontal Half Hitching Race Video.

10:40-10:45 — **Explain and Demonstrate:** Distribute a 6-foot manila lashing rope, whipped on both ends, to each attendee and view *How to Tie a Round Lashing*.

10:45-10:50 — **Guide and Enable:** Pair up attendees and have them join their staves together with two round lashings, providing guidance as necessary.

10:50-11:05 — **Activity:** Distribute materials to each crew and play *Catch the Snapper*

11:05-11:20 — **Discussion:** Introduce the concept of the Sequential Approach to programming. Distribute copies of sequential-programming.pdf, and have attendees take turns reading sections aloud. Open floor to discussion.

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## Monday p.m.

- one 1/4-inch x 3-foot braided nylon cords per conference participant
- one Scout stave per conference participant
- one printed copy of 4-program-sequences.pdf for each participant
- one length of rope long enough to tie around a tree per every six to eight conference participants
- one 15-foot braided nylon guy line per conference participant
- one tent stake per conference participant
- one tent stake mallet per every six to eight conference participants
- one small flag with grommets per every six to eight conference participants
- one tarp with 50-foot ridge line attached per every six to eight conference participants
- ready for projection: *How to Always Tie a Square Knot Right / How to Tie a Roundturn with Two Half Hitches / How to Tie a Taut-line Hitch / How to Form an Open-Ended Clove Hitch / Flagpole Race / How to Set up a Basic Patrol Dining Fly*

1:20-1:30 — **Discussion:** *How is the Boy Scout advancement program sequential? Creatively speaking, any ideas how it can be made more fun?* Elicit ideas. Make sure all participants have a 3-foot braided nylon cord. Describe the traditional “Friendship Circle” as an illustration of putting a skill into action. *Why is the square knot referred to as Scouting’s “joining knot?”* (It’s one of the first skills a Scout learns when joining.) *What is a binding knot?*

1:30-1:35 — **Explain and Demonstrate:** View How to Always Tie a Square Knot Right

1:35-1:40 — **Guide and Enable:** Pass out a Scout stave to each attendee. Using a 3-foot cord, attendees tie square knots down onto their Scout stave, applying the visual approach. Provide guidance as needed.

1:40-1:50 — **Activity:** Conduct the Square Knot Visual Challenge.

1:50-2:00 — **Discussion:** Distribute copies of 4-program-sequences.pdf and describe some of the things we’ll be doing together. Open the floor to questions. *Which program sequence does it appear we’re working on?*

2:00-2:05 — **Explain and Demonstrate:** View How to Tie a Roundturn with Two Half Hitches.

2:05-2:15 — **Guide and Enable:** Participants tie two half hitches around their Scout stave. Provide guidance as needed.

2:15-2:20 — **Explain and Demonstrate:** View How to Tie a Taut-line Hitch.

2:20-2:30 — **Guide and Enable:** Attendees tie taut-line hitches around their Scout stave. Provide guidance as needed.

2:30-2:45 — **Activity:** Taut-line Hitch Race III Depending on the number of conference attendees, the activity can be set up surrounding one tree, and crews can take turns, vying for the best time.

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2:55-3:00 — **Explain and Demonstrate:** View How to Form an Open-Ended Clove Hitch.

3:00-3:10 — **Guide and Enable:** Attendees help one another to apply underhand loops over vertical poles.

3:10-3:15 — **Activity:** Hitching Challenge

3:30-3:40 — **Explain and Demonstrate:** First, view Flagpole Race Demo Video (explain that instead of a rolling hitch they can tie a roundturn with two half hitches.) Second, view How to Set up a Basic Patrol Dining Fly. Open floor to questions. Distribute materials to each crew.

3:45-4:15 — **Main Event:** Flagpole Race and Dining Fly Race Each crew sets up their flagpole and dining fly like a little campsite, in the same area.

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### Tuesday a.m.

- one 50-foot 3/8-inch manila or nylon rope per every six to eight conference participants
- one bow saw per every six to eight conference participants
- one pair of protective work gloves per every six to eight conference participants
- one 3-foot x 2 to 3-inch length of dry fuel wood per every six to eight conference participants
- one pair of protective eyewear per every six to eight conference participants
- one sharpened hand ax (hatchet) with sheath per every six to eight conference participants
- one sharp knife per every six to eight conference participants
- one 9-inch x 2-inch stick per conference participant
- one 9-inch x 1-inch stick per conference participant
- one small chopping block per every six to eight conference participants
- length of binder twine taped between fire place walls, 10 inches high, per every six to eight conference participants
- one 8-inch 2x4 per every six to eight conference participants
- one hot spark kit and 2 cotton balls, per every six to eight conference participants
- one filled fire bucket for each fire area
- one printed copy of Comprehensive Programming for each participant
- ready for projection: *Using a Camp Saw /Using a Hand Ax and Knife / Lighting and Feeding a Fire*

8:20-8:30 — **Gathering Period:** play Rope Toss.

8:30-9:00 — **Discussion:** *Besides sequential programming, where each building block is put into action, what else can we do to plan a program that rocks?* Elicit ideas and opinions and write them on the board. Distribute copies of Comprehensive Programming, and have attendees take turns reading sections aloud. Open floor to

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discussion. *Tomorrow morning, please be ready to share an example of comprehensive programming that you've either dreamed up or experienced.*

9:00-9:05 — **Explain and Demonstrate:** View Using a Camp Saw

9:05-9:30 — **Activity:** Bow Saw Relay Crew members should gather around the individual handling the saw to coach and support them.

9:35-9:40 — **Explain and Demonstrate:** Contact Method to prepare kindling / Using a Knife to Prepare Tinder, View: Using a Hand Ax and Knife.

9:45-10:15 — **Activity:** Wood Splitting Relay

10:15-10:30 — **Activity:** Fuzz Stick Relay

10:40-10:45 — **Explain and Demonstrate:** View Lighting and Feeding a Fire.

10:50-11:20 — **Main Event:** Supreme String Burning Race

### Tuesday p.m.

- three Scout staves per every two conference participant
- one 6-foot manila lashing rope (properly whipped) per every two conference participants
- one 10-foot manila lashing rope (properly whipped) per every two conference participants
- three 8-foot x 4-inch spars per every six to eight conference participants
- three 6-foot x 3-inch spars per every six to eight conference participants
- four 4-foot x 2-inch floor spars per every six to eight conference participants
- eight 15-foot x 1/4-inch manila lashing ropes (properly whipped) per every six to eight conference participants
- ready for projection: *How to Tie a Mark II Square Lashing / Chippewa Kitchen / How to Tie a Tripod Lashing with Plain Turns / Everyone on the Tripod Demonstration*

1:20-1:30 — **Discussion:** *This is our second afternoon. At this juncture, what are some of your thoughts regarding how to plan, prepare, and present a program that rocks.*

Open floor to discussion.

1:30-2:00 — **Illustration:** Go online and project the agenda section of Troop Leader Resources and provide an online tour highlighting the group instruction and games sections.

2:00-2:10 — **Explain and Demonstrate:** Distribute a Scout staff to each participant, and a 6-foot lashing rope to every two participants. View: How to Tie a Mark II Square Lashing.

2:20-2:30 — **Guide and Enable:** Participants pair up and take turns tying Mark II Square Lashings. Provide guidance as needed.

2:30-2:50 — **Activity:** Ladder Building

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2:50-3:15 — **Discussion:** *So...what is sequential programming? View: Chippewa Kitchen. What skills come into play here? In presenting these skills in a sequence, what's the key to making the meetings fun?*

3:15-3:20 — **Explain and Demonstrate:** View: How to Tie a Tripod Lashing with Plain Turns

3:20-3:35 — **Guide and Enable:** Attendees pair up and tie tripod lashings using three Scout staves and a 10-foot lashing rope. Provide guidance as needed.

3:35-4:05 — **Activity:** First, view Everyone on the Tripod Demonstration, then crews compete in Everyone on the Tripod. Note: Have crews lash on the 6-foot cross brace, between the two outer legs, so that the center of the length is 3-feet from the ground.

4:05-4:20 — **Activity:** Set aside two of the most tightly-assembled tripods for tomorrow, assuring the two cross pieces that will face one another are lashed on the same distance from the bottom. Reveal how this fits into tomorrow's plans. (The cross pieces will support the lateral spars that serve as the framework for the cooking platform.)

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### Wednesday a.m.

- two tent stakes marking out a 100-foot track
- six 4-foot x 2-inch floor spars per every six to eight conference participants (minimum of twelve)
- two 6-foot x 3-inch spars per every six to eight conference participants
- two 15-foot x 1/4-inch lashing ropes (properly whipped) per every six to eight conference participants (minimum of four)
- two preassembled tripods (from Tuesday afternoon)
- two 8-foot spars
- one roll of binder twine
- beach towel or large piece of burlap
- two sturdy five gallon buckets filled with mineral soil
- six Scout staves per every six to eight conference participants
- seven 6-foot lashing ropes (properly whipped) per every six to eight conference participants
- one preassembled shot holder and all materials for building a Scout Stave Launcher, per every six to eight conference participants
- bag of charcoal
- two filled fire buckets
- all ingredients for preparing apple dumplings
- one printed copy of Apple Dumpling Recipe per every sixteen conference participants
- one printed copy of Scout Stave Launcher Diagram, per every six to eight conference participants
- one printed copy of desert-survivor-activity.pdf for each participant
- ready for projection: *How to Tie a Double Floor Lashing*

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8:20-8:30 — **Gathering Period:** Find Your Pace

8:30-8:35 — **Explain and Demonstrate:** View: How to Tie a Double Floor Lashing.

8:35-8:45 — **Guide and Enable:** : Using a 15-foot lashing rope, two 6-foot spars and six 4-foot floor spars, crew members take turns tying the floor lashing. Provide guidance as needed.

8:45-9:00 — **Activity:** Lift Seat Procession

9:00-9:30 — **Activity:** Refer to Double Tripod Chippewa Kitchen. Position the two tripods (assembled yesterday) so the cross braces that were lashed 3 feet above the ground are 6 feet apart. Four attendees then tightly lash on the two, 8-foot platform support spars to the inside of the cross braces. Then lay some 4-foot floor spars over the platform supports and lash on the cooking platform with two floor lashings, using binder twine. When assembled, carry the Chippewa Kitchen to the cooking area. (Add the mineral soil after the kitchen is positioned in the cooking area.)

9:35-10:00 — **Activity:** Using charcoal chimneys, attendees light the charcoal, and referring to the recipe for Apple Dumplings, prepare the food for cooking. When the food is all prepared and the charcoal is ready, they place the food on the kitchen to cook.

10:00-10:45 — **Discussion and Activity:** While the food cooks, attendees share an example of comprehensive programming they've either dreamed up or experienced. Pass out a copy of Scout Stave Launcher diagram to each patrol. Build Scout Stave Launchers and fire tennis balls down range. Pass out copies of desert-survivor-activity.pdf to each crew. (Periodically, attendees monitor food.)

10:45-11:00 — **Activity:** Serve and eat. (Find out who wants to do what Thursday a.m. activity)

11:00-11:20 — **Activity:** Breakdown Kitchen, load materials in conveyance, or carry it back to construction area.

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### Thursday a.m.

- 15-foot guyline tied to the bottom of a Scout staves as a vertical hitching posts
- one 3-foot x 1/4-inch braided nylon cord for each participant
- three 50-foot x 1/2-inch manila ropes
- two rope grommets with large metal rings
- two large wooden mallets
- twelve 24 to 30-inch x 2-1/2-inch pioneering stakes
- one roll of binder twine
- two small towels (for monkey bridge foot rope saddles)
- ready for projection: How to Tie a Butterfly Knot / How to Tie a Rope Tackle

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8:20-8:30 — **Gathering Period:** Hitching Challenge proceeding from both the right and the left (participants can hold Scout staves erect as vertical hitching posts)

8:30-8:35 — **Presentation and Discussion:** View: Double A-Frame Monkey Bridge

8:35-8:40 — **Explain and Demonstrate:** View: How to Tie a Butterfly Knot

8:40-8:50 — **Guide and Enable:** Using 3-foot braided nylon cords, attendees tie butterfly knots. Provide guidance as needed.

8:50-9:00 — **Explain and Demonstrate:** View: How to Tie a Rope Tackle.

9:00-9:15 — **Activity:** Rope Tackle Tug of War

9:15-9:20 — **Explain and Demonstrate:** View: Anchors for Pioneering Projects

9:20-9:40 — **Activity:** Anchor Race Have the span for the bridge and anchors staked out ahead of time. Refer to Double A-Frame Monkey Bridge Instructions and Guidelines.

9:40-11:00 — **Main Event:** Double A-Frame Monkey Bridge (Refer to Double A-Frame Monkey Bridge Instructions and Guidelines)

11:00-11:20 — **Activity:** Bridge crossing.

### Thursday a.m. (ALTERNATE)

- one Silva Starter compass per each participant
- four tent stakes and a mallet for each crew
- one unique treasure map for each crew requiring orientation, pacing distances, following bearings, measuring height, and measuring width
- one buried treasure
- 1 grocery-size, paper shopping bag per every six to eight participants
- one US map for each participant
- ready for projection: *Facing a Bearing / Using a Map / Measuring Heights and Widths*

8:20-8:30 — **Gathering Period:** Guess that Width

8:30-8:40 — **Discussion:** *What are some ways a unit can bring navigation skills to life and make it fun, while providing opportunities to reinforce the skills and put them into action?*

8:40-8:45 — **Explain and Demonstrate:** Distribute a compass for every participant.

View: Facing a Bearing

8:45-8:50 — **Guide and Enable:** Bearings are called out and participants all respond en masse. Play Compass Facing.

8:50-9:05 — **Activity:** Blindfold Compass Walk

9:05-9:10 — **Explain and Demonstrate:** View: Using a Map

9:10-9:20 — **Activity:** Distribute maps of the United States and compasses.

Participants orient the map and face their homes and then pose for a photo capturing them all standing and proudly pointing to their places of residence as they use their compass.

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9:20-9:25 — **Explain and Demonstrate:** View: Measuring Heights and Widths

9:25-9:55 — **Guide and Enable:** Go outside and measure the flagpole and the width of a designated area (without a compass).

9:55-10:55 — **Main Event:** Treasure Hunt (Distribute maps, compasses, trowel, and guidelines.)

10:55-11:20 — **Discussion:** *What do you think of this activity. Can you adapt it for your unit? Is it worth the time it takes to set up? How is what we did this morning an example of sequential programming? (The skills introduced were all required to find the treasure.) How might this be seen as comprehensive in nature? (Beautifully unique environment / Digging up a treasure.)*

## Thursday p.m.

- two decks of playing cards

1:20-1:50 — **Activity:** Travel to Zastrow Camp.

2:00-3:15 — **Presentation and Activity:** Zastrow Camp GPS/Geocaching program

3:15-3:40 — **Activity:** Play Time Bomb, Buzz, Bing, Bang, Wall Street.

3:40-4:10 — **Activity:** Travel back to Training Center.

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## Friday a.m.

- one 20-foot 1/2-inch nylon or polyester rope
- two sturdy 5-gallon buckets
- two 8-foot x 4-inch spars per every seven to eight conference participants
- one 6-foot x 3-inch spar per every seven to eight conference participants
- three 15-foot manila lashing ropes (properly whipped) per every seven to eight conference participants
- six 20-foot manila lashing ropes (properly whipped) per every seven to eight conference participants
- one printed copy of guided-discovery.pdf for each participant
- one printed copy of Troop Games - Small Space for each participant
- one printed copy of Openings an Closings for each participant
- one printed copy of Minutes for each participant

8:20-8:30 — Gathering Period: Hunker Down



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8:30-9:00 — Presentation and Discussion: Go online and project <http://programresources.org>. Proceed to Activities, view Troop Meeting Fun, and take a tour of the Activities section. Open the floor to comments and questions.

9:00-9:05 — Presentation: View: Crossing the Alligator Pit Video

9:05-9:30 — Activity: Crossing the Alligator Pit

9:30-10:00 — Discussion: How does planning a program that rocks hinge on providing the grounds for establishing a Scout run unit? Pass out copies of guided-discovery.pdf. and have attendees take turns reading sections aloud. Open floor to discussion.

10:00-10:30 — Presentation and Discussion: Go online and project <http://programresources.org>. Proceed to Ceremonies Index and use it as a point of reference to take a tour of the Ceremonies section. What advantage do you see in presenting different versions of opening and closing ceremonies chosen by the youth leaders? Distribute printouts for activities, ceremonies, and leaders' minutes, along with blank troop meeting planning sheets.

10:30-11:00 — Activity: Using the planning sheets and printouts as a resource, participants assume the role of their unit's planning team and fill in the content for each section of their troop meeting agenda.

11:00-11:20 — Discussion: Participants share their plans.

### Friday p.m.

- three bandanas
- an array of items that make a recognizable sound
- one printed copy of 10 Dutch Oven Recipes for each participant
- ready for projection: Putting Skills Into Action / We Are Scouts

1:30-2:00 — Presentation and Discussion: Go online and project <http://troopleader.org/program-features/>. View the Program Features video, and take a tour of the program features section of the Troop Leader Resources website with the main focus on the meeting plans for the monthly themes. Open the floor to comments and questions.

2:00-2:30 — Activity: Play Blindfolded Steal the Bacon

2:30-2:45 — Activity: Play Identifying Sounds

2:45-2:55 — Presentation: Teach "Ging Gang Goolie" prefaced with story of how and why B.-P. wrote it. Teach Class-A Clap.

2:55-3:00 — Presentation: View: *Putting Skills Into Action* and *We Are Scouts* and pass out 10-dutch-oven-recipes